ABSTRACT:

A combination single unit hydrotherapy and exercise device is disclosed, for allowing aquatic exercise, massage, therapy and recreation, including any one of swimming, walking or running in place, comprised of a single seamless plastic enclosure having two ends and bottom there between an open top opposite the bottom, said top defining an outer perimeter sufficiently long and wide to allow a swimmer to swim in place, and having steps at one end as part of the single seamless enclosure to allow access from the top to the bottom where the bottom is sufficiently deep to allow an adult to stand in water at chest high, a shaft receiving hole near the bottom of the enclosure.

Control buttons and safety stop buttons means at the top of the enclosure, a treadmill having a frame and a treadmill belt moved by a rotationally moving roller and shaft, said shaft extending from the treadmill to exit the wall of the enclosure through the shaft hole for connecting to exterior rotational motor means, said treadmill having a variable speed responsive to the control buttons, sealing means to seal the shaft exit hole about the shaft, swim jets at the front end of the enclosure and having means for providing sufficiently powerful water flow from the front to the back of the enclosure so as to provide sufficient resistance to allow swimming in place, a treadmill receiving cavity at the bottom having a depth approximately the height of the treadmill and defining from an area on at least three sides of the cavity to constitute a safety step off area.